



# Idiot's Guides: Pregnancy for Dads

*Joe Kelly*

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## **Idiot's Guides: Pregnancy for Dads** Joe Kelly

No one is ever completely prepared for the arrival of a baby, whether it be for the first time or the fifth, but most men will agree that the first can be the most terrifying and confusing. Author and parenting expert Joe Kelly is a dad and granddad, and helps any new dad get through the myriad changes that come with the arrival of a new child. Many new dads are confused and confounded by this life-changing experience, but in *Idiot's Guides: Pregnancy for Dads*, Joe helps new dads understand what their partners are going through, how to help them through it, what they should (and should not) do to help, what their new miracle is going through inside mommy's belly, and so much more, starting with conception and going all the way up to the big day when baby enters this world, (and dad's arms). Along the way, Joe helps calm fears, dispel myths, and empower new dads with the knowledge they need in order to enjoy and embrace the pregnancy, from start to finish.

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