



The ABCs of Lemon: DIY Recipes for Cleaning, Health, and Beauty (Household Hacks & Organizing)

Teresa Knight

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To some people, a lemon is just some bitter fruit best used as a drink garnish or to make the occasional pitcher of lemonade. Those people are missing out on a ton of uses for these amazing globes of sunshiny goodness, and it is high time that lemons get their due. You may have heard a lot of buzz about drinking lemon juice and water at the start of each day and why that is awesome. Yes, this book will tell you why that is awesome but it will tell you a ton more information about lemons from tips to clean every room of your house to ways to use lemons for better health. Shockingly enough you are also going to learn some tried and true beauty tricks with lemons. There really is no limit to what these things can do!

By the time you are finished reading this book (maybe even before then), you are going to want to go out and grab some lemons. You might even consider growing lemon trees just because of the amazing benefits that you will get from lemons. There is a benefit from every single aspect of these fruits, from the peel to the juice and the inner fruit. Nothing will ever go to waste!

Here is a preview of what you will learn from this book:

- How to use lemon juice in place of regular bleach for more delicate fabrics.
- How to use a sponge and lemon juice to freshen the fridge.
- How a little bit of lemon juice will keep you from having to scrub the microwave.
- How to use lemon juice to keep foods looking their best.
- How to use lemon juice to save limp lettuce.
- How lemons can help with anxiety.
- How to get the softest hands and feet with lemon juice and a few steps of quality “me” time.
- How to use lemon juice for common ailments around the house.

We know that lemons have been used in a variety of ways for centuries. This book explores why they have always been so popular and why you should have a big bowl of lemons in your kitchen at all times.

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