



What Does It All Mean?

William A. Adams

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As a young man Bill Adams travelled the world teaching US citizens abroad on behalf of a large state university on the East Coast. Back home he reflected that if there were answers to the great questions of life, then he'd not found them - not in India, in Europe, in China, or Japan. In time he came to see that his lifelong interest in how the mind works could be the clue to the meaning of life. Socrates had been right all along: Know thyself. Adams now sets out a new reasoned argument, based on his experience as a cognitive psychologist and as a human being, to show why Socrates was right: the purpose of life is to recognize ourselves - in each other and in all things. The mind is looking for itself: that is how it works, that is what it does for a living.

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