



# **Anger Management: An Anger Management Training Package for Individuals with Disabilities (Jkp Resource Materials)**

*Nick Hagiliassis*

[Download now](#)

[Click here](#) if your download doesn't start automatically

# Anger Management: An Anger Management Training Package for Individuals with Disabilities (Jkp Resource Materials)

*Nick Hagiliassis*

## **Anger Management: An Anger Management Training Package for Individuals with Disabilities (Jkp Resource Materials)** Nick Hagiliassis

Many people with intellectual disabilities have difficulty managing feelings of anger. Anger Management is a complete training package for helping people with intellectual or physical disabilities deal with anger in constructive, effective ways.

The training programme consists of 12 fully-scripted sessions dealing with topics such as recognising feelings of anger, learning to relax and think calmly, and being assertive and handling problems competently. Each session follows a standard format, including introductions, reviews of previous sessions, and explanations. Photocopiable handouts, facilitator's script and evaluation sheets are provided for each session.

Designed specifically for people with intellectual disabilities, but suitable for people with physical disabilities too, this training package provides relevant and authoritative information and exercises.

It is a tried-and-tested resource which will provide effective strategies for anger management trainers, psychologists and counsellors.

 [Download Anger Management: An Anger Management Training Pac ...pdf](#)

 [Read Online Anger Management: An Anger Management Training P ...pdf](#)

## **Download and Read Free Online Anger Management: An Anger Management Training Package for Individuals with Disabilities (Jkp Resource Materials) Nick Hagiliassis**

---

### **From reader reviews:**

#### **Gary Gonzales:**

This book untitled Anger Management: An Anger Management Training Package for Individuals with Disabilities (Jkp Resource Materials) to be one of several books which best seller in this year, this is because when you read this publication you can get a lot of benefit upon it. You will easily to buy this book in the book store or you can order it through online. The publisher of the book sells the e-book too. It makes you quickly to read this book, since you can read this book in your Cell phone. So there is no reason for you to past this guide from your list.

#### **Amelia Page:**

Are you kind of occupied person, only have 10 or 15 minute in your time to upgrading your mind talent or thinking skill even analytical thinking? Then you are experiencing problem with the book as compared to can satisfy your short period of time to read it because all of this time you only find reserve that need more time to be examine. Anger Management: An Anger Management Training Package for Individuals with Disabilities (Jkp Resource Materials) can be your answer mainly because it can be read by you actually who have those short extra time problems.

#### **Richard Osteen:**

In this era globalization it is important to someone to acquire information. The information will make you to definitely understand the condition of the world. The healthiness of the world makes the information easier to share. You can find a lot of personal references to get information example: internet, paper, book, and soon. You will see that now, a lot of publisher that print many kinds of book. Typically the book that recommended to your account is Anger Management: An Anger Management Training Package for Individuals with Disabilities (Jkp Resource Materials) this book consist a lot of the information of the condition of this world now. This specific book was represented how does the world has grown up. The terminology styles that writer use for explain it is easy to understand. The particular writer made some study when he makes this book. Here is why this book acceptable all of you.

#### **Hilary Winters:**

As we know that book is very important thing to add our know-how for everything. By a publication we can know everything we want. A book is a range of written, printed, illustrated or even blank sheet. Every year had been exactly added. This publication Anger Management: An Anger Management Training Package for Individuals with Disabilities (Jkp Resource Materials) was filled with regards to science. Spend your free time to add your knowledge about your technology competence. Some people has distinct feel when they reading some sort of book. If you know how big good thing about a book, you can feel enjoy to read a book. In the modern era like now, many ways to get book that you simply wanted.

**Download and Read Online Anger Management: An Anger Management Training Package for Individuals with Disabilities (Jkp Resource Materials) Nick Hagiliassis #8F19ZK75PYX**

## **Read Anger Management: An Anger Management Training Package for Individuals with Disabilities (Jkp Resource Materials) by Nick Hagiliassis for online ebook**

Anger Management: An Anger Management Training Package for Individuals with Disabilities (Jkp Resource Materials) by Nick Hagiliassis Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Anger Management: An Anger Management Training Package for Individuals with Disabilities (Jkp Resource Materials) by Nick Hagiliassis books to read online.

### **Online Anger Management: An Anger Management Training Package for Individuals with Disabilities (Jkp Resource Materials) by Nick Hagiliassis ebook PDF download**

**Anger Management: An Anger Management Training Package for Individuals with Disabilities (Jkp Resource Materials) by Nick Hagiliassis Doc**

**Anger Management: An Anger Management Training Package for Individuals with Disabilities (Jkp Resource Materials) by Nick Hagiliassis Mobipocket**

**Anger Management: An Anger Management Training Package for Individuals with Disabilities (Jkp Resource Materials) by Nick Hagiliassis EPub**