



# **Dream Interpretation: Discover the Hidden Meanings Behind Your Dreams**

*Anthony Teller*

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# Dream Interpretation: Discover the Hidden Meanings Behind Your Dreams

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**Dream Interpretation: Discover the Hidden Meanings Behind Your Dreams** Anthony Teller  
**Would you like to improve your self-knowledge and in turn increase your happiness?**

Our dreams can show us amazing things and provide us with a much clearer vision of ourselves.

As the famous author J.R.R. Tolkien said "“A single dream is more powerful than a thousand realities". And I do agree, our dreams can help us understand our anxieties and stresses and in turn make us happy.

It's time for you to start understanding your dreams so that you can take control over your own life.

This book will explain everything that you will ever need to know about dream interpretation.

With an easy to follow layout and with engaging content, this book will teach you dream interpretation:from the basics to the advanced ways of Dream Interpretation.

## **This Book Contains;**

- **Introduction to Dreams**
- **Why We Dream**
- **Why It Is Important to Record Your Dreams In a Dream Diary**
- **Analysing Common Dreams**
  - Chase Dreams
  - Death Dreams
  - Falling Dreams
  - Flying Dreams
  - Naked Dreams
  - Snake Dreams
  - Teeth Falling Out Dreams
- **Analyzing Your Dreams**

.. And Much More

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