



Primary Care of Musculoskeletal Problems in the Outpatient Setting

Edward J. (Ed.) Shahady

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This case-based book is designed to help primary care physicians treat musculoskeletal problems. The introductory chapter covers the basic approach to MS problems that is particularly effective for PCPs. The bulk of the book builds on the fundamentals through case studies that address specific musculoskeletal problems. The case studies are categorized into five main sections according to the symptoms and signs presented by patients: medical issues, pediatric issues, aches and pains, upper extremity problems, and lower extremity problems. Each case covers epidemiology, anatomy, questions to ask, patient evaluation, and cost-effective treatment guidelines. An emphasis is placed on helping physicians overcome the barriers and frustrations that often accompany the complexity of treating MS problems. For instance, special care considerations for diabetics are integrated into the text. To further enhance understanding, helpful drawings illustrate anatomy, examination techniques, and rehabilitation exercises. Additional images highlight fractures and other pathology.

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