



Raging Gracefully: Smart Women on Life, Love, And Coming into Your Own

Jennifer Sander

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In *Raging Gracefully*, women just like you give voice to the unique challenges and choices that color this glorious yet gut-wrenching time of life. This engaging, endearing collection of true-life stories reveals the guts and glory of women old enough to know who they are--and run with it: a grieving widow of forty-nine experiences the healing powers of friendship, laughter, and water while vacationing and skinny-dipping in Mexico with sister-friends; a committed bachelorette has a change of heart and ties the knot in her sixtieth year; and a once mild-mannered woman raves about her unexpected menopausal rage, whiskers, weight gain, crushing fatigue, and crashing libido, and refuses to go without a fight into that dark crone's night. In mid-life the truth comes out whether we like it or not--about life, about death, about what really matters. We take on everything from children who won't grow up and parents who become children to about-face career changes and relationship rescues (or not). But through it all we can still have some fun, and this is the book that proves it! So treat yourself to a little graceful raging!

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