



The Eight: A Season in the Tradition of Harvard Crew

Susan Saint Sing

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A fascinating look at the 2008 Harvard Varsity Crew Team and the university's legendary history of accomplished rowers

The Eight is a thrilling, behind-the-scenes look at a group of young men who have given up nearly everything to transform themselves into the best team possible at arguably the world's most venerable rowing institution, Harvard crew. Through a blend of journalistic writing and historical narrative, Saint Sing highlights their struggles and triumphs as she follows them through the spring season of 2008.

This exclusive, competitive world is illuminated as never before as the athletes race for the collegiate national championship and one former member achieves a historic first for Harvard: a gold medal at the 2008 Olympic Games.

What these men go through physically to earn a seat in the Harvard first eight is just the beginning. The real test of their mettle is the inner athlete called upon to make their dreams a reality in this very tense and dramatic world. *The Eight* chronicles the drama of a full season of elite college racing, including the bitter personal struggles and the team's pursuit of excellence.

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