



# **The Little Book of Home Remedies: Beauty and Health: Natural Recipes for a More Beautiful You**

*Linda B. White, Barbara Seeber*

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In this giftable mini booklet of The Little Book of Home Remedies, Beauty and Health, Barbara H. Seeber and Barbara Brownell Grogan join Dr. Linda White to draw on years of training in the area of natural healing to help you treat aches and pains and manageable ailments naturally. This handy guide provides remedies and advice for dry skin, acne, dandruff and more.

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