



# **The Armchair Birder Goes Coastal: The Secret Lives of Birds of the Southeastern Shore**

*John Yow*

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With his distinctively witty, anecdotal, and disarming voice, John Yow now journeys to the shore and shares his encounters with some of the most familiar and beloved coastal birds. Out of his travels--from North Carolina's Outer Banks, down the Atlantic coast, and westward along the Gulf of Mexico--come colorful accounts of twenty-eight species, from ubiquitous beach birds like sanderlings and laughing gulls to wonders of nature like roseate spoonbills and the American avocets. Along the way, Yow delves deeply into the birds' habits and behaviors, experiencing and relating the fascination that leads many an amateur naturalist to become the most unusual of species--a birder.

Seasonally organized chapters explore the improbable, the wonderful, and the amusing aspects of these birds' lives. Yow embellishes his observations with field notes, anecdotes, and stories from some of America's finest naturalists--including John James Audubon, Arthur Cleveland Bent, Rachel Carson, and Peter Matthiessen. Combining the endless fascination of bird life with the pleasure of good reading, *The Armchair Birder Goes Coastal* is the perfect companion for any nature lover's next trip to the beach.

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