



# Confieso que he comido: 2ª Edición (Spanish Edition)

*Miquel Sen*

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Conocedor de lo que se cocinaba en España en los años en que se redactaba la Constitución, amigo de los grandes escritores con pulsión gastronómica, como Néstor Luján, Álvaro Cunqueiro o Manuel Vázquez Montalbán, Miquel Sen nos lleva por el territorio de la gastronomía, vivida a lo largo de más de treinta años de experiencia. Un panorama en el que el autor ha comido de todo, en los grandes restaurantes y en los humildes, muchas veces acompañado por personajes que son la historia misma de la cultura culinaria. Un paseo que nos traslada del pasado a la actualidad, ilustrado por recetas dedicadas de los chefs que definen lo que se estila en nuestros días, desde la A de Arzak a la T de los hermanos Torres. Críticas libro Confieso que he comido Esta historia la cuenta Miquel Sen, un especialista de la mesa, en sus muy divertidos recuerdos Confieso que he comido. Hay pocas personas tan inteligentes y tan honestas en un mundo que es una termitera de farsantes. Sen, que llegó a tener un programa pionero en la televisión nacional catalana, ha conocido lo mejor y ha probado lo considerado inmejorable de nuestra cocina. Sus juicios son emocionantes. Félix de Azúa. El País Así es como ha llegado a publicar ese libro excelente que es Confieso que he comido (Kelsonia), o cómo hablar de uno mismo aparentando que el tema es la comida y viceversa. Ramón de España. El Periódico Afortunadamente, aún nos quedan los buenos libros. Y yo acabo de recibir uno de ellos, titulado Confieso que he comido. Me ha llegado de Galicia. Allí vive ahora Miquel Sen, escritor con pulsión gastronómica, culto y muy bien comido. Miquel Sen, treinta años de experiencia gastronómica, ha escrito un libro inteligente y ameno, muy ameno. Arturo San Agustín. La Vanguardia Un libro autobiográfico, imprescindible, de este George Brassens o Leo Ferré del periodismo gastronómico culto. Antonio Vergara. Diario Levante-EMV

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