



# **The Death of Small Creatures**

Trisha Cull

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In her lyrical memoir *The Death of Small Creatures*, Trisha Cull lays bare her struggles with bulimia, bipolar disorder and substance abuse. Interspersing snatches of conversations, letters, blog entries and clinical notes with intimate poetic narrative, Cull evokes an accessible experience of mental illness.

In *The Death of Small Creatures*, Cull strives to cope with her hopelessness. She finds comfort in the company of her two pet rabbits until one of them dies as a result of her lethargy. She numbs herself with alcohol. She validates her self-worth by seeking the love of men—any and all men—and three relationships significantly impact her life: her marriage to Leigh, a much older man; her unrequited love for Dr. P, her therapist; and her healthier relationship with Richard, an American she meets through her blog. She tries drugs—Neo Citran, Ativan, Wellbutrin, crack, crystal meth—and after two hospitalizations, she undergoes electroconvulsive therapy.

Haunting and expressive, this immersive memoir explores love in all its facets—needy, obsessive, healthy, self-directed—and plunges the reader headlong into the intense and immediate experience of mental illness.



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A lot of people always spent their very own free time to vacation or go to the outside with them household or their friend. Were you aware? Many a lot of people spent they free time just watching TV, as well as playing video games all day long. If you would like try to find a new activity that's look different you can read some sort of book. It is really fun for yourself. If you enjoy the book that you just read you can spent the entire day to reading a book. The book The Death of Small Creatures it is rather good to read. There are a lot of individuals who recommended this book. These were enjoying reading this book. In the event you did not have enough space to deliver this book you can buy typically the e-book. You can m0ore very easily to read this book through your smart phone. The price is not very costly but this book provides high quality.

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