



Life Is Beautiful, Enjoy the Ride; A Poet's Guide to Chronic Illness

Mitch Koppel

Download now

[Click here](#) if your download doesn't start automatically

Life Is Beautiful, Enjoy the Ride; A Poet's Guide to Chronic Illness

Mitch Koppel

Life Is Beautiful, Enjoy the Ride; A Poet's Guide to Chronic Illness Mitch Koppel

At the young age of 23 Mitch Koppel received a devastating diagnosis of multiple sclerosis. Twenty years of extreme health challenges inspired him to express his journey through poetry. These poems immediately went viral with friends and family to the extent that they urged him to create a book about the story and the poetry it inspired. I don't wish MS on my worst enemy; even if I had a worst enemy. Actually, over our 20-year relationship, my worst enemy has been myself all along and I'm not about to give MS to myself one more time. In truth, as counter-intuitive as this may sound, it was recently refreshing to hear that my MS has sort of reached its end game. I heard this in the hospital no less. I won't get any worse because I'm 1% of the folks that have reached a sort of illness finality. I wasn't upset to hear this. I was actually thrilled because never again will I lose sleep over what the disease had in store next; will my limp get worse, will I one day need a walker or, God forbid, a wheelchair? It's all here now; a path of physical and oft times' mental destruction. I have a white flag, but it's never been raised. _____ Mitch Koppel, 44, resides in Buffalo Grove, IL. A father of two sons, Koppel has been living with multiple sclerosis for 21 years. Up until the last few years, when the scourge of MS rendered him unable to work, he was a Vice President with one of the world's largest public/media relations firms. Aside from spending time with his boys, Koppel enjoys fishing, reading, movies and socializing with friends. His biggest passion is writing. _____ keywords: Poetry, MS, Multiple Sclerosis, Chronic Illness, Perseverance, Spirituality, Overcoming obstacles, Uplifting, Strength.

 [Download Life Is Beautiful, Enjoy the Ride; A Poet's Guide ...pdf](#)

 [Read Online Life Is Beautiful, Enjoy the Ride; A Poet's Guid ...pdf](#)

Download and Read Free Online Life Is Beautiful, Enjoy the Ride; A Poet's Guide to Chronic Illness Mitch Koppel

From reader reviews:

Bernice Fugate:

Have you spare time for a day? What do you do when you have a lot more or little spare time? Sure, you can choose the suitable activity to get spend your time. Any person spent their particular spare time to take a wander, shopping, or went to the actual Mall. How about open or maybe read a book allowed Life Is Beautiful, Enjoy the Ride; A Poet's Guide to Chronic Illness? Maybe it is to become best activity for you. You realize beside you can spend your time with your favorite's book, you can more intelligent than before. Do you agree with their opinion or you have some other opinion?

Annie Adcock:

Often the book Life Is Beautiful, Enjoy the Ride; A Poet's Guide to Chronic Illness has a lot of information on it. So when you make sure to read this book you can get a lot of gain. The book was written by the very famous author. Tom makes some research before write this book. This specific book very easy to read you can obtain the point easily after reading this book.

Gary Williams:

People live in this new day of lifestyle always aim to and must have the extra time or they will get lot of stress from both lifestyle and work. So , if we ask do people have spare time, we will say absolutely yes. People is human not a robot. Then we inquire again, what kind of activity do you have when the spare time coming to you actually of course your answer may unlimited right. Then do you try this one, reading publications. It can be your alternative with spending your spare time, the particular book you have read is actually Life Is Beautiful, Enjoy the Ride; A Poet's Guide to Chronic Illness.

Chi Reyes:

Book is one of source of knowledge. We can add our understanding from it. Not only for students and also native or citizen have to have book to know the up-date information of year to help year. As we know those books have many advantages. Beside we add our knowledge, may also bring us to around the world. With the book Life Is Beautiful, Enjoy the Ride; A Poet's Guide to Chronic Illness we can acquire more advantage. Don't you to be creative people? To become creative person must prefer to read a book. Merely choose the best book that suited with your aim. Don't become doubt to change your life with that book Life Is Beautiful, Enjoy the Ride; A Poet's Guide to Chronic Illness. You can more appealing than now.

Download and Read Online Life Is Beautiful, Enjoy the Ride; A Poet's Guide to Chronic Illness Mitch Koppel #SN9UCBOY4DE

Read Life Is Beautiful, Enjoy the Ride; A Poet's Guide to Chronic Illness by Mitch Koppel for online ebook

Life Is Beautiful, Enjoy the Ride; A Poet's Guide to Chronic Illness by Mitch Koppel Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Life Is Beautiful, Enjoy the Ride; A Poet's Guide to Chronic Illness by Mitch Koppel books to read online.

Online Life Is Beautiful, Enjoy the Ride; A Poet's Guide to Chronic Illness by Mitch Koppel ebook PDF download

Life Is Beautiful, Enjoy the Ride; A Poet's Guide to Chronic Illness by Mitch Koppel Doc

Life Is Beautiful, Enjoy the Ride; A Poet's Guide to Chronic Illness by Mitch Koppel Mobipocket

Life Is Beautiful, Enjoy the Ride; A Poet's Guide to Chronic Illness by Mitch Koppel EPub