

# Snow Travel: Skills for Climbing, Hiking, and Moving Over Snow (Moutaineers Outdoor Expert)

Mike Zawaski



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\* A must-have guide for those extending their hiking season during spring and fall months, looking for additional information on safe snow hiking

- \* Features 50 black & white photos and 15 illustrations
- \* An easy-to-use guide for safe travel over snow for all outdoor recreationists

Knowing how to travel on snow is an essential skill for many hikers, climbers, peak baggers, and skiers/snowboarders. *Snow Travel: Skills for Climbing, Hiking, and Moving Across Snow* (Mountaineers Outdoor Experts Series) is a comprehensive how-to book covering all the essential techniques for kicking steps, using crampons, and using an ice ax for going up, traversing, resting, and descending snow. Author Mike Zawaski, a longtime climber and instructor with the Colorado Outward Bound School brings a whole new level of detail to the art and skill of kicking steps and using your ice ax to help you travel safely and efficiently on snow.

You will find detailed descriptions of techniques not found together in other books including: climbing over a lip, the decision-making process, how to choose a route, snow hazards, putting on and removing skis on a steep slope, self-arresting with ski poles, and much more.

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