



Risk, Challenge and Adventure in the Early Years: A practical guide to exploring and extending learning outdoors

Kathryn Susan Solly

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What is the difference between 'risk' and 'danger'? What can children learn from taking risks? How can you provide key experiences for children and ensure their safety outdoors?

Young children will naturally seek out challenges and take risks and this is crucial to their overall development. This book clearly explains why children should be given the freedom to take risks and provides practical guidance on how to offer stimulating and challenging outdoor experiences that will extend all areas of children's learning.

Including examples of activities for all weather conditions across all areas of learning, the book covers:

- The pedagogical history of adventure, risk and challenge
- Health, wellbeing and keeping safe
- The adult role
- Risk assessment
- Supporting individual children with different needs
- Environments that enable challenging and adventurous play
- Working with parents and addressing concerns
- Observation, planning and assessment

This book is essential reading for practitioners and students that wish to provide rich experiences for children that will enable them to become confident and adventurous learners.

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Deborah Hart:

Spent a free time to be fun activity to do! A lot of people spent their sparetime with their family, or their own friends. Usually they accomplishing activity like watching television, planning to beach, or picnic inside the park. They actually doing same thing every week. Do you feel it? Do you need to something different to fill your personal free time/ holiday? Could be reading a book is usually option to fill your cost-free time/ holiday. The first thing you will ask may be what kinds of reserve that you should read. If you want to test look for book, may be the guide untitled Risk, Challenge and Adventure in the Early Years: A practical guide to exploring and extending learning outdoors can be good book to read. May be it can be best activity to you.

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