



Engrenages: Roman psychologique (French Edition)

Eric Neiryck

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**Engrenages: Roman psychologique (French Edition) Eric Neiryck
Consultations chez ma psy (et plus si affinités...)**

Éric n'aime pas les psy et c'est pourtant au contact de l'une d'elles qu'il connaîtra ses plus grandes circonvolutions émotionnelles.

Courte, trop courte, cette relation le conduira de Bruxelles à Paris où il tentera de trouver un sens à ce qu'il a vécu avec elle.

Engrenages est plus qu'une quête de reconnaissance, c'est la recherche de notre propre définition au travers des déboires de nos vies.

A PROPOS DE L'AUTEUR

Se définissant lui-même comme un chroniqueur de vie, passionné de Céline et de Bukowski, Éric nous emmène sans détour dans sa vision de la vie et de ses aléas. Le verbe aiguisé, les mots à la pointe du cœur et du corps, ses écrits ne vous laisseront pas indemne.

A tous les non-adeptes des jolies histoires édulcorées, la plume d'Éric Neiryck est faite pour vous. Adepte des réflexions rythmiques en deux temps n'hésitez plus !

EXTRAIT

De longues années que mes quelques rares amis, conquêtes féminines, médecins généralistes que je fréquentais régulièrement me conseillaient d'aller consulter un psychiatre et d'entamer, enfin, une thérapie. Certains ont essayé de me forcer la main. De prendre des rendez-vous pour moi, de m'y accompagner. D'autres, un peu plus rusés, s'amusaient à me donner rendez-vous chez un « ami » pour déjeuner. La première fois, étant fauché, j'acceptai sans réfléchir. Dans ma situation, une bouffe à l'œil ça ne se refuse pas. Tu parles d'un dîner ! Un dîner de con, oui. L'« ami » de l'ami en question n'était autre qu'un de ces médecins du ciboulot.

J'avais avalé mon repas faisant celui qui était intéressé, répondant poliment aux subtiles questions, pour ensuite déguerpir le plus rapidement possible, prétextant un malaise soudain.

Après moult tentatives, ils ont abandonné. Je suis peut-être détraqué, mais je suis têtu quand je le veux ; un reste de caractère sans doute.

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