



Food Facts for the Kitchen Front

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The perfect gift for yourself or someone else, this classy reproduction of a 1940's cooking manual combines time-tested wisdom with practical, no-nonsense recipes.

Start with a handful of recipes, add a dash of nutrition, a sprinkle of time-tested wisdom and bake for 70 years. Finish with a light dusting of nostalgic charm, and what you get is this beautifully reproduced facsimile of a genuine archive title. For times when healthy home-cooking matters more than cordon bleu, we have resurrected this excellent war-time food guide.

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