



Evidence Based Counselling and Psychological Therapies: Research and Applications

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Evidence-Based Counselling and Psychological Therapies assesses the impact of the international drive towards evidence-based health care on NHS policy and the provision of the psychological services in the NHS.

An outstanding range of contributors provide an overview of evidence-based health care and the research methods that underpin it, demonstrating its effect on policy, provision, practitioners and patients. Their thought-provoking chapters look at a variety of relevant issues including:

- * generating and implementing evidence
- * cost-effectiveness issues
- * practical guidelines
- * practitioner research

Evidence-Based Counselling and Psychological Therapies is essential for mental health professionals and trainees concerned with this movement which is having, and will continue to have a huge impact on the purchasing, provision and practice of health care.

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