



How to Entertain, Distract, and Unplug Your Kids: Tricks, Tools, and Spontaneous Screen-Free Activities

Matthew Jervis

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A fun and practical guide to keeping kids engaged and off your phone.

Face it. Your kids don't want you around ALL the time! As much as you'd like to build that go-cart or that amazing tree house for them, you also need a little time for yourself!

Sure, we'd all like to hand our kids the phone when things get tough, but down deep we know that screen time will not build world leaders. So how does a parent like you keep those little rug rats entertained and engaged in a meaningful way while you get your own stuff done?

Well, this book is a good start! With these simple tricks, you will turn their boredom into fun, teachable, and productive (sometimes) moments in this irreverent yet practical guide.

From photo bombing magazines in the dentist's office to sock matching speed trials to making bread, this book provides spontaneous activities that kids can do with or without you, leaving time for you to do parent stuff like making dinner, reading the paper, or enjoying a glass of wine.

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family or their friend. Are you aware? Many a lot of people spent they will free time just watching TV, or perhaps playing video games all day long. If you wish to try to find a new activity this is look different you can read any book. It is really fun for you. If you enjoy the book you read you can spent 24 hours a day to reading a book. The book How to Entertain, Distract, and Unplug Your Kids: Tricks, Tools, and Spontaneous Screen-Free Activities it is quite good to read. There are a lot of folks that recommended this book. We were holding enjoying reading this book. Should you did not have enough space to develop this book you can buy often the e-book. You can m0ore easily to read this book from a smart phone. The price is not very costly but this book offers high quality.

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