



Making Research Matter: Researching for change in the theory and practice of counselling and psychotherapy

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Making Research Matter is an original contribution to the growing field of work-based learning with a focus on research aimed at developing the practice of counselling and psychotherapy addressing the practice-research gap. **Stephen Goss, Christine Stevens** and their contributors explore the links between research and professional practice and show how this can impact on practice to make a genuine, demonstrable contribution to the development of therapeutic services, good practice and the understanding of psychological and social issues.

The book is divided into two parts. **Part one** gives an account of the thinking, ethos and development of work-based learning. It explores the importance of the in-depth rigorous and reflexive inquiry skills needed to sustain research project work. **Part two** presents nine studies of work-based psychotherapy or counselling related research. Each account sets out the focus and motivation of the study and critically discusses how the research design was developed, the choice of methods employed, with an explanation of the outcomes. A vital part of each account is a review of how the research has been used to make changes and developments in the work setting.

Making Research Matter provides insights into the lived experience of the practitioner-researcher, to stimulate the reader to generate their own ideas for research enquiry. It presents a range of proven, successful research projects, and shows how they have made a difference in the development of theory and practice which lead to positive change, better services and more informed practice. It will be an essential resource for psychotherapists, counsellors, social workers, and those involved in coaching and clinical psychology.

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