



Promoción de la salud sexual en jóvenes (Spanish Edition)

Raquel A. Benavides Torres, Dora Julia Onofre Rodríguez, Luvia del Carmen Castillo Arcos, Fuensanta López Rosales

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Este libro ha sido diseñado para los proveedores de salud que trabajan con jóvenes para prevenir el riesgo de infecciones de VIH, ITS y embarazos no planeados los cuales son problemas sociales y de salud muy frecuentes en este grupo de edad. De igual forma por medio de este libro se facilita el aprendizaje en los jóvenes para tomar decisiones responsables acerca de su conducta sexual a través de la resiliencia y la competencia social, utilizando cuatro aprendizajes fundamentales que en el transcurso de la vida serán para él los pilares del conocimiento: aprender a conocer, aprender a hacer, aprender a vivir juntos y aprender a ser, los cuales se proyectan en actitudes para vivir en armonía personal y social. Asimismo ofrece una oportunidad para vincular a contenidos curriculares referentes a temas de sexualidad responsable o en su caso, en las áreas temáticas como orientación educativa, y ética y valores. Las ITS en la actualidad son un grave problema de salud, donde la el VIH representa una de las mayores preocupaciones del personal de salud. Ante tal situación, el libro representa un oportunidad para dar orientación al adolescente y una guía para el proveedor de salud, que ayuda a favorecer conductas saludables, a través de un modelo de enseñanza y aprendizaje basado en resiliencia y competencia social, que permite desarrollar un adolescente competente para enfrentar favorablemente situaciones de riesgo sexual.

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