



# Spices, Salt and Aromatics in the English Kitchen

*Elizabeth David*

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## **Spices, Salt and Aromatics in the English Kitchen** Elizabeth David

Elizabeth David presents a collection of English recipes using spices, salt and aromatics. The book includes dishes such as briskets and spiced beef, smoked fish, cured pork and sweet fruit pickles. An emphasis is placed on the influence of the Orient on the English kitchen.

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