



# Clinical Naturopathy: An evidence-based guide to practice

*Jerome Sarris, Jon Wardle*

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*Clinical Naturopathy: an evidence-based guide to practice, 2nd edition*, E-book by Jerome Sarris and Jon Wardle, articulates evidence-based clinical practice.

It details the principles, treatment protocols and interventions at the forefront of naturopathic practice in the 21st century. *Clinical Naturopathy: an evidence-based guide to practice 2e* E-book, equips you to critically evaluate your patients, analyse treatment protocols, and provide evidence-based prescriptions.

This second edition promotes the fundamentals of traditional naturopathy, while pushing the scientific boundaries and driving the steady evolution of the profession of naturopathic medicine.

Perfect for:

Bachelor of Health Science (Naturopathy) Advanced diploma and Postgraduate students in:

- • Naturopathy
- • Western Herbal Medicine
- • Nutrition
- • Homoeopathy

Complementary health therapists General Practitioners Nursing students Pharmacy students

Benefits:

- • Provides an evidence-based, referenced analysis of the treatment protocols underpinning the therapeutic use of CAM interventions.
- • Emphasizes the treatment of patients not diseases within the systems based structure.
- • A rigorously researched update of common clinical conditions and their naturopathic treatment according to evidence-based guidelines (over 5,000 references).
- • Bridges conventional medical and naturopathic paradigms to help clinicians facilitate truly integrative models of care.
- • Augmented appendices including: herb/drug interaction charts, laboratory reference values, food sources of nutrients, cancer medication interactions and nutraceutical use.
- • Key Treatment Protocols throughout the text offer an evidence-based referenced critique.
- • Naturopathic Treatment trees for each condition, with Treatment Aims boxes that are easy to follow and understand.
- • Scientific and traditional evidence validating treatment protocols.
- • Decision trees, unique figures, tables and charts are a great aid to visual learners.
- • Expanded Diagnostics chapter including the emerging field of pharmacogenomics.
- • New Wellness, lifestyle and preventive medicine chapter to explore in detail the core principles of naturopathic practice.
- • New Liver dysfunction and disease, Headache and migraine, and Pain chapters.
- • A deepening scientific focus with inclusion of new and emerging naturopathic therapeutics such as

injectable nutraceuticals.

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