



Global Report on Student Well-Being: Volume IV: Religion, Education, Recreation, and Health (Recent Research in Psychology)

Alex C. Michalos

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I suppose that most of the people reading this volume will have read or have access to Volume One of my Global Report on Student Well Being. Therefore, I will not review the background literature relevant to multiple discrepancies theory (MDT), the theory itself or the essential features of the international university undergraduate data set on which this whole report is based. Anyone familiar with my earlier papers (Michalos 1985, 1987, 1988) will have a good idea of MDT. However, one really has to have a look at the first volume of this study in order to appreciate the richness of a data-set consisting of over 18,000 cases drawn from 39 countries. As I indicated at the beginning of that volume, the data-set is available for a very modest cost to anyone who wants it. I am happy to report that a few researchers have already obtained some or all of the data-set and are currently undertaking their own analyses. I do hope others will also take advantage of this opportunity. The focus of Volume One was on happiness and satisfaction with life as a whole, so-called global indicators of subjective well being. Volume Two was devoted to an exploration of satisfaction with the interpersonal relations of family, friends and living partners, and personal self-esteem. Volume Three was concerned with satisfaction of paid employment, with material goods as indicated by the domains finances, housing and transportation.

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