



Managing Long-term Conditions and Chronic Illness in Primary Care: A Guide to Good Practice

Judith Carrier

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Effective management of long-term conditions is an essential part of contemporary nursing policy and practice. Systematic and evidence-based care which takes account of the expert patient and reduces unnecessary hospital admissions is vital to support those with long-term conditions/chronic diseases and those who care for them.

Reflecting recent changes in treatment, the nurse's role and the patient journey and including additional content on rehabilitation, palliative care, and non-medical prescribing, this fully updated new edition highlights the key issues in managing long-term conditions. It provides a practical and accessible guide for nurses and allied health professionals in the primary care environment and covers:

-????????? the physical and psychosocial impact of long-term conditions

-????????? effective case management

-????????? self-management and the expert patient

-????????? behavioural change strategies and motivational counselling

-????????? telehealth and information technology

-????????? nutritional and medication management.

Packed with helpful, clearly written information, *Managing Long-term Conditions and Chronic Illness in Primary Care* includes case studies, fact boxes and pointers for practice. It is ideal reading for pre- and post-registration nursing students taking modules on long-term conditions, and will be a valuable companion for pre-registration students on community placements.

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Managing Long-term Conditions and Chronic Illness in Primary Care: A Guide to Good Practice can be one of your starter books that are good idea. Most of us recommend that straight away because this guide has good vocabulary that can increase your knowledge in words, easy to understand, bit entertaining but nevertheless delivering the information. The article writer giving his/her effort to set every word into satisfaction arrangement in writing Managing Long-term Conditions and Chronic Illness in Primary Care: A Guide to Good Practice but doesn't forget the main point, giving the reader the hottest along with based confirm resource facts that maybe you can be considered one of it. This great information could drawn you into completely new stage of crucial considering.

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