



# Progressive Counting Within a Phase Model of Trauma-Informed Treatment

*Ricky Greenwald*

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## **Progressive Counting Within a Phase Model of Trauma-Informed Treatment** Ricky Greenwald

Clinicians recognize trauma & loss as a prominent source of clients' problems. Progressive counting represents a significant advance in trauma treatment, because it is about as efficient, effective, and well-tolerated as EMDR while being far simpler for therapists to master and do well. PC's value has already been supported by two open trials and a controlled study. Are you ready to provide therapy that routinely affects profound healing and lasting change? This book will show you how.

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