

Things I Wish I'd Known Before We Became Parents

Gary Chapman, Shannon Warden



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Things I Wish I'd Known Before We Became Parents has one goal: prepare you for the joys and challenges of raising young children.

Two professionals—Dr. Gary Chapman, longtime relationship expert and author of the #1 *New York Times* bestseller *The 5 Love Languages*, and Dr. Shannon Warden, professor of counseling, wife, and mother of three—team up for a book that is practical, informed, and full of inspiring, humorous personal stories.

With a passion for encouraging and equipping young and expectant parents, they cover topics like: Balancing marriage and parenting roles, adjusting family schedules, handling the expenses of raising children, appreciating the differences between your children, avoiding—and climbing out of—parenting pitfalls

Also included are discussion questions at the end of each chapter—one set for expectant parents, another for new parents. Altogether, you will get help understanding yourself, the demands of parenting, the needs of your children, and more.

Let this dynamic duo—a mom in the trenches and a grandfather looking back—prepare you for what may be the most demanding yet joyous season of your life.

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