



# Handbook of Cross-Cultural Counseling and Therapy

Paul Pedersen

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This is a comprehensive and well elaborated review of conceptual frameworks for counseling and therapy in cross-cultural problems. Most of the widely-spread literature is organized into groups, methodology is presented in an even flow with access to diagnostic considerations, and the variety of racial and cultural parameters encountered in the subject is thus made clear. . . . All the concepts developed in this book can be applied to a client population of a variety of ethnic groups.

Readings: A Journal of Reviews and Commentary in Mental Health

This handbook is intended to help meet the need for information on and training in cross-cultural counseling and therapy. Pedersen has provided a convenient reference source that reviews the history, present status, fundamental assumption's fundamental theories, and future directions of forty different specializations within the broad field of cross-cultural counseling. Each chapter is written by a recognized specialist in the field. The chapters are evenly divided into five parts covering perspectives, counseling methods, client populations, key issues of controversy and research, and guidelines for education and training. By including so many of the most prominent authors in one volume and by condensing their most important messages, the book becomes a virtual encyclopedia for a rapidly changing field.



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