



# **The Soup Sisters Cookbook: 100 Simple Recipes to Warm Hearts . . . One Bowl at a Time**

*Sharon Hapton*

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100 recipes arranged by season, *The Soup Sisters Cookbook* gives you heartwarming soups to prepare and share throughout the year.

*The Soup Sisters Cookbook* showcases scrumptious recipes from the "souper volunteers" of the Soup Sisters and recipes from many of Canada's top celebrity chefs--including Michael Stadlander, Bonnie Stern, Lucy Waverman, Massimo Capra, Anna Olson, Michael Bonacini and Elizabeth Baird. With 100 recipes arranged by season, *The Soup Sisters Cookbook* is certain to appeal to soup-lovers everywhere!

Soup Sisters are a Calgary-based non-profit enterprise founded in 2009. They are dedicated to making a tangible difference to the lives of women and children in need. Soup Sisters believe in the power of soup and the nutrition, comfort and warmth that the gift of soup can bring. This belief has resonated quickly and profoundly with communities across Canada, who come together through their local Soup Sisters events to cook, share and donate soup, to women's shelters in their community. The Soup Sisters' growing network has over 4,500 supporters, who collectively donate over 8,000 bowls of soup every month--over 75,000 bowls of soup have been donated to date.

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