



Flores de Bach (Spanish Edition)

Eduardo Lodner

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El conocimiento de las posibilidades de las Flores de Bach se ha convertido en una necesidad para todos los que quieran mejorar su salud y equilibrar sus emociones. En una época donde el estrés, la ansiedad y la depresión son las constantes, este manual surge como una guía práctica para incorporar las esencias florales a la vida cotidiana y, también, como una solución a los problemas de salud, siendo un complemento ideal por su carácter natural y su ausencia de toxicidad.

Escrito con un lenguaje simple y claro, pero a la vez llegando a niveles profundos y sutiles de conocimiento en materia de Terapia Floral, este libro cambiará para siempre la forma de entender la enfermedad y la salud. Incluye:

- Material original del Dr. Edward Bach.
- Claves de selección y tratamiento a nivel familiar y terapéutico.
- Usos y aplicaciones prácticas de las Flores de Bach.
- Preguntas y afirmaciones para acompañar el proceso de terapia Floral.

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