



The Essential Moreno: Writings on Psychodrama, Group Method, and Spontaneity

J.L., MD Moreno

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The Essential Moreno: Writings on Psychodrama, Group Method, and Spontaneity J.L., MD Moreno
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This handy volume collects the best and most important writings of J.L. Moreno in one concise and accessible place. This unique collection explores Moreno's thought in developing psychodrama and sociometry, with his strong emphasis on spontaneity and creativity. The book discusses both basic and advanced concepts and techniques of psychodramatic treatment. The reader will find extensive examples from Moreno's own cases containing verbatim transcripts that illustrate the give-and-take between Moreno, his patients, and the audience observers. Jonathan Fox introduces the book with a brief overview of Moreno's life and ideas and places him in the context of his time and in the field of psychotherapy. Fox's notes throughout underscore significant aspects of the selections for the practitioner and student.

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